



DAILY MINDSET PRACTICE

MORNING



TODAY'S MANTRA:

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LOOKING FORWARD TO:

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.....
.....

TO MAKE TODAY GREAT, I WILL:

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.....
.....

EVENING



I AM GRATEFUL FOR:

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.....

THREE GOOD THINGS TODAY:

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THINGS TO WORK ON TOMORROW:

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.....
.....

OTHER THOUGHTS



MOMENT TO REMEMBER

